

DISCUS THROW - MINNESOTA ALL-TIME

207-0	Hayden Bills, Rosemount 2023	178-4	Andy Samuel, Burnsville 2016
201-7	Karl Erickson, Rochester Century 2001	178-4	Gage Stankiewicz, Esko 2021
199-7	Jake Kubiataowicz, North St. Paul 2017	178-1	Matt Nyquist, Dassel-Cokato 1990
196-10	Mitchell Weber, Saint Clair 2017	178-1	Matt Culhane, Rushford-Peterson/Houston 2015
195-6	Mike Yonkey, Wells-Easton 1987	178-0	T.J. Johnson, Detroit Lakes 1999
194-4	Nate Englin, Mounds View 2003	177-11	Pat Ahern, Henry Sibley 1989
194-1	Samuel Moore, Bertha-Hewitt/Verndale 2018	177-11	Ben Sobieski, Mahtomedi 1997
193-0	Maxwell Otterdahl, Rosemount 2019	177-11	Auggie Yonkey, Maple River 2025
191-11	Terrance Howard, Park Center 2015	177-10	Joe Toth, Forest Lake 1990
191-9	David Thompson, Mpls Central 1981	177-8	Pat Kasl, Forest Lake Area 2016
(10)		(70)	
191-8	John Zollinger, F.B. Kellogg 1985	177-8	Timmy Ball, Centennial 2024
191-8	Oliver Tordsen, Fairmont 2025	177-7	Aaron Banks, Marshall 1992
191-0	Ethan Fischer, Maple River 2022	177-7	Jaxon Howard, Robbinsdale Cooper 2022
190-3	Luke Johnson, Red Wing 2011	177-7	Trevor Schirmer, Owatonna 2023
189-6	Joel Staats, Winona 1988	177-6	Greg Kostuch, White Bear Mariner 1979
189-5	Micah Hegerle, Kasson-Mantorville 2008	177-6	Kevin Henderson, Winona 1980
189-1	Luke Banks, Saint Peter 2024	177-6	Luke Van Oort, Mounds View 2024
188-6	Pat Bailey, Mpls Southwest 1974	177-4	Mark Severson, North St Paul 1970
188-4	Logan Hussung, Farmington 2010	177-3	Mike Spampinato, Eveleth-Gilbert 2009
187-7	Kaleb Siekmeier, Mahtomedi 2017	177-2	Duane Goldammer, North St Paul 1983
(20)		177-1	Lynden Reder, Luverne 1999
187-6	Samuel Ruid, St Francis 2025	(80)	
187-6	Casey Dehn, Owatonna 2009	177-0	Phil Verchota, Duluth East 1975
185-6	Graham Johnson, Red Wing 2016	177-0	Tyler Curnow, Stillwater Area 2025
184-8	TJ Christensen, Litchfield 2024	176-11	Peter Kelzenberg, Watertown-Mayer 1986
184-6	Peter Svien, Lewiston-Altura 1987	176-11	Dan March, Stillwater 1993
184-6	Dylan Gross, Brainerd 2024	176-10	Paul Okerstrom, Mounds View 1970
184-1	Brad Hanson, Edina West 1977	176-9	Jay Nielsen, Detroit Lakes 2018
184-0	Ben Nyquist, Dassel-Cokato 1998	176-7	Rick Ailts, Jackson 1973
184-0	Eric Stark, Pipestone 2010	176-6	Eric Snyder, Austin 1988
183-11	Chris Waltman, Elgin-Millville 1980	176-6	Justin Asher, Wayzata 1996
(30)		176-5	Todd Spratte, Rochester JM 1979
183-11	Mike Edmundson, Park 1989	(90)	
183-8	Joe Plante, MACCRAY 2008	176-5	Yakob Ekoue, Hopkins 2019
183-4	Kieran McKeag, Apple Valley 2014	176-4	Bryl Thompson, Mpls Southwest 1945
183-2	Bryce Johnson, Champlin Park 2012	176-1	Randy Seykora, Owatonna 1989
183-1	Mike Shaver, Owatonna 2007	176-1	Dave Nordberg, Spring Lake Park 1982
183-0	Jon Jellum, Lakeville 1993	176-0	Andy Stewart, Rocori 1999
182-9	Jordan Dunigan, Woodbury 2023	175-11	Matt Schwartz, Forest Lake 2007
182-8	Dan Seebart, White Bear Lake 1964	175-9	Tom Conboy, Rosemount 2002
182-6	Ridge Hatz, Stewartville 2025	175-8	Dijon Starr-Morman, Blaine 2010
182-5	Thomas Anderson, Andover 2012	175-7	Will Tschetter, Stewartville 2021
(40)		(100)	
182-4	Shawn Johnson, Eveleth-Gilbert 2010	175-6	Ian Holland, Lakeville South 2025
181-9	Ron Backes, Rocori 1981	175-4	Evan Erickson, Cloquet 2017
181-9	Leo Silha, Plainview-Elgin-Millville 2021	175-3	Tyler Kubler, Eden Prairie, 2010
181-7	Paul Kendrick, Forest Lake 1979	175-1	Sean Erickson, Champlin Park 2023
181-7	Mark Fahey, Forest Lake 1996	175-0	Mike Berg, St Charles 1983
181-2	Adam Schnaible, Burnsville 2002	174-11	Londo Thompson, Burnsville 1997
180-11	Fred Espe, White Bear Lake 1979	174-11	Torasbjorn Lunaas, Stewartville 2023
180-11	Chris Brinkworth, Bloom Kennedy 1990	174-9	Andy Noman, Winona 2007
180-10	Dan White, Westbrook-Storden-Jeffers 1990	174-7	Shane Byrne, Stewartville 2019
180-7	Jason Cook, Spring Lake Park/St. Anthony 2000	174-6	Nate Hydukovich, Bemidji 1993
(50)		174-6	John Schlecht, White Bear Lake 1996
180-0	Mike Turgeon, Perham 1999	(110)	
179-10	Jeff Deaton, St Cloud Apollo 1980	174-4	Howie Johnson, Forest Lake 2025
179-8	Mark Mendel, Wayzata 1984	174-3	Rick Linderholm, Robbinsdale 1980
179-8	Jayme LaPlante, Chatfield 2014	174-2	Simon Stewart, Carlton/Wrenshall 1998
179-8	Payton Otterdahl, Rosemount 2014	174-1	Elijah Hagen, Jordan 2024
179-7	Lucas Becker, Blaine 2019	173-10	Gregg Bartlett, Park Center 1979
179-2	Jerry Netland, Bagley-Fosston 2004	173-10	Justin Brown, Rushford-Peterson/Houston 2007
179-1	Tyler Kolander, Waseca 2015	173-9	Creighton Schroyer, Pipestone-Jasper 2006
179-1	Josiah Zilmer, Rockford 2024	173-6	Aaron Zuk, Moose Lake/Willow River 2006
178-8	Marcus Hansen, Waseca 2021	173-5	Tom Copa, Coon Rapids 1983
(60)		(120)	

173-5 Ricky Smith, Stewartville 2002
 173-4 Devin Sowers, Delano 2011
 173-2 Chris Redden, Armstrong 1988
 173-2 Pat O'Brien, International Falls 1990
 173-1 Andrew Edwards, Blaine 2023
 173-0 Joe Schuster, Faribault 1983
 173-0 Charlie Kocinski, Intl Falls 1972
173-0 Joel Benson, Buffalo 2025
 172-11 Jim Wieland, St Paul Cretin-DH 1993
 172-9 Jason Thompson, Centennial 1997
 (130)
 172-9 Adam Brace, Grand Rapids 2003
 172-8 Dustin Gill, LeSueur-Henderson 2013
 172-7 Rick Ellinghuysen, Wabasha-Kellogg 1986
 172-6 Ron Nagurski, International Falls 1968
 172-6 Phil Olson, Edina East 1975
 172-5 Trevor Otterdahl, Rosemount 2017
 172-4 Brian Nichols, North St Paul 1956
 172-4 Kyle Atkinson, Burnsville 2018
 172-3 Bob Blakely, SP Central 1955
 172-3 Dan Proeschel, Hayfield 1966
 (140)
 172-3 Jake Brinkman, Mayer Lutheran 2007
 172-2 Lucas Scheel, Elk River 2004
 172-1 Josh Preusse, Redwood Valley 1998
 172-0 Jerry Brandt, Albert Lea 1973
 172-0 Scott Ranke, Robbinsdale Armstrong 1980
 172-0 Dave McKeag, White Bear Lake 1982
 172-0 Bryce Ludwig, Alexandria 2017
 171-11 Bob Stein, St Louis Park 1965
 171-11 John Bruley, Forest Lake 1988
 171-11 Dan Soldner, Rocori 1999
 (150)
 171-11 Anthony Moss, Big Lake 2012
 171-11 Ben Krynski, Lakeville North 2013
 171-10 Dave Januschka, LeSeuer 1979
 171-10 Luke Speltz, Winona Cotter 1999
 171-10 Jarod Posthumus, Becker 2001
 171-9 Ashton Kisch, Plainview-Elgin-Millville 2024
 171-8 Wade Powers, New London-Spicer 2008
 171-8 Trey Pipkins, Apple Valley 2014
171-8 Matthew Knox, Forest Lake 2025
 171-6 Ryan Ackman, Litchfield 2009
 (160)
 171-5 Layne Kelley, St Cloud Tech 1978
 171-5 Elinneus Davis, Moorhead 2022
 171-4 Rick Lager, St Peter 1976
 171-4 Daniel Ufearo, Sartell-St. Stephen 2017
 171-4 Trevion Mack, Irondale 2023
 171-3 Sandy Morrison, Blake 1970
 171-2 Frank Howard, St Louis Park 1966
 171-2 John Meade, Stillwater 1966
 171-2 Jordan Tornstrom, Caledonia/Spring Grove 2024
 171-1 Scott Jilek, Shakopee 1999
 (170)
 171-0 Kevin Holubar, Duluth Central 2000
 170-11 Tyler Stone, West Central Area 2022
 170-10 Jonathan Lehman, Coon Rapids 2009
 170-9 Kent Kitzmann, Rochester JM 1975
 170-9 Dave Knezovich, Hibbing 1981
 170-9 Trent Pfisthner, Cromwell 1990
 170-9 Darin Reinsma, Slayton 1991
 170-9 Bobby Guetter, Alexandria 2010
 170-8 Rick Googins, Winona 1982
 170-8 Brian Blasey, Ada-Borup 2012
 (180)
 170-8 Justin Jacobson, Pelican Rapids 2024
 170-7 John Mooney, Burnsville 1991
 170-7 Darren Dahlin, Minnetonka 1993
 170-6 Tim Muller, Mpls. Washburn 1967
 170-6 Chuck Stuemke, White Bear Lake 1966
 170-3 Abajemo Omot, Mahtomedi 2009
 170-3 Travis Gavin, Blaine 2010
 170-2 Mike Paulson, Verndale 1979
 170-1 Sean Matti, Roseville Area 2007
 170-1 Jesse Reemstma, Spring Lake Park/St. A 2009 & 2011
 (190)
 170-0 Mike Dillner, Edina 1969
 170-0 Kurt Zuidmuller, Hibbing 1985
170-0 Drew Turgeon, LCMW-Nicollet 2025
 170-0 Jason Grott, Monticello 1993
 169-11 Bob Peterson, Marshall 1958
 169-11 August Wolf, St. Paul Academy 1979
 169-10 Josh Johnson, Apple Valley 2000
 169-10 Ryan Ament, Stewartville 2005
 169-6 Don Baker, DeLaSalle 1962
 169-6 Dan Johnson, Anoka 1970
 (200)
 169-5 Don Hoffman, Blaine 1978
 169-5 Shawn Bakke, Anoka 2005
 169-4 Dave Zaloker, Chisholm 1982
 169-4 Colt Boltjes, Adrian-Ellsworth 2022
 169-3 Chris Skiba, North Branch 1989
 169-3 Mike McGroty, Stillwater 1989
 169-3 Anthony Tyler, Forest Lake Area 2013
 169-1 Chris Helfmann, Roseville 1989
 169-1 Garrett Renken, Hastings 1999
 169-1 Robert Dahl, Cromwell 2004
 (210)
 169-1 Sam Udermann, Foley 2013
 169-1 Marcus Hansen, Waseca 2019
 169-1 Tony Nelson, Tracy-Milroy-Balaton 2022
 169-0 Kim Swanson, Hayfield 1974
 169-0 Brandon Crist, Woodbury 2001
 169-0 Jason Meinke, Eastview 2005
 168-11 Jay Delmedico, White Bear Lake 2000
 168-11 Cody Carpentier, Hayfield 2015
 168-10 Blake Hanson, Edina 1984
 168-9 Lyndon Murtha, Hutchinson 2004
 (220)
 168-9 Trey Davis, Farmington 2007
 168-8 Bryan Bennett, Duluth Denfeld 1982
 168-8 Larry Hartman, St Louis Park 1984
 168-8 Brian Leonhardt, Spring Lake Park/St. Anthony 2008
168-8 Gabriel Coleman, Edina 2025
168-8 Carter Schwartz, Mankato East 2025
 168-7 Matt Robinson, Woodbury 1991
 168-7 Dave Anderson, Dilworth-Glyndon-Felton 1994
 168-7 Trent Hagen, Pelican Rapids 1998
 168-7 Shane Curtis, Stewartville 2015
 (230)
 168-7 Derek Anvid, South Ridge/Cherry/No 2021
 168-6 Tom Lofgren, Stewartville 1997
 168-6 Nick Gruys, Annandale 1998
 168-5 Luke Hartung, Park Rapids Area 2023
 168-3 Steve Mara, Minnetonka 1974
 168-3 Jeff Krieger, Totino Grace 1987
 168-3 Andy Rydland, St. Cloud Tech 1991
 168-1 Mike Enos, Osseo 1985
 168-0 Terry Sexton, St. Cloud Cathedral 1973
 168-0 Curt Wiseman, Edina West 1974
 (240)

167-11 Rich Jacobson, North St Paul 1972
167-11 Josh Navratil, Pine Island 2019
167-10 Peder Knutsen, Mounds View 1985
167-10 Christopher Heihn, Blaine 2005
167-10 Ryan Kruse, Saint Clair 2014

167-9 Ed Brandeen, Cooper 1985
167-9 Seth Rorem, International Falls/Indus 1998
167-9 Andy Klaers, Delano 2003
(248)

11/15/25